



PAUL HAMM

2004 Olympic Men's Gymnastics All-Around Champion
2004, 2000 Olympic Team Member

Birthdate	9/24/82
Hometown	Waukesha, WI
Resides	Columbus, OH
Height	5'6"



CAREER HIGHLIGHTS

- 2011 Named Assistant Coach of the Ohio State University men's gymnastics team
- 2008 Tour of Gymnastics Superstars
- 2008 Named to U.S. Olympic Team for the 2008 Olympics in Beijing, China (withdrew due to injury)
- 2008 Winter Cup Challenge (Las Vegas, NV)- 1st All-Around
- 2008, Pacific Rim Championships (San Jose, CA)- All-Around, PH, PB Champion; FX Silver and HB Bronze Medalist
- 2008 Tyson American Cup (New York, NY)- All-Around Champion, 1st FX, 1st PB, 1st HB, 2nd VT, 3rd SR, 4th PH
- 2008 Winter Cup Challenge (Las Vegas, NV)- All-Around Champion
- 2007 Visa U.S. Championships (San Jose, CA)- 1st Place Floor, 4th Place Pommel Horse
- 2004 Olympic Games (Athens, Greece)- All-Around Gold Medal Champion, High Bar Silver, Team Silver
- 2004 Visa U.S. Championships (Nashville, TN)- 1st AA, 1st FX, 1st HB, 2nd PH, 2nd PB
- 2004 Winter Cup Challenge (Las Vegas, NV)- 1st PH, 3rd HB
- 2004 U.S. National Championships- All-Around, Floor and High Bar Champion
- 2004 Pacific Alliance (Honolulu, HI)- 1st Place All-Around, 1st Vault, 1st High Bar, 2nd Floor Exercise, 3rd Place Pommel Horse, 3rd Place Parallel Bars
- 2004 Visa American Cup (New York, NY)- 3rd AA, 2nd Still Rings (SR), 3rd PB, 3rd VT
- 2003 World Championships- All-Around Gold, Floor Exercise Gold, Team Silver
- 2003 U.S. Championships (Milwaukee, WI)- 1st AA, 1st PH, 1st HB, 2nd PB, 2nd FX
- 2003 and 2002 National Champion
- 2002 Pommel Horse and Vault National Champion
- 2002 U.S. National Championships (Cleveland, OH)- 1st AA, 1st PH, 1st V, 2nd FX, 3rd PB
- 2002 Pacific Alliance Championships (Vancouver, CAN)- 1st AA, 1st V, 1st HB, 3rd FX
- 2002 Senior Pacific Alliance All-Around Gold Medalist
- 2002 Visa American Cup (Orlando, FL)- 2nd AA
- 2002 Winter Cup Challenge (Las Vegas, NV)- 2nd AA, 1st FX, 1st V
- 2001 World Artistic Championships Team Silver Medalist
- 2000 Olympic Team Member; All-Around Finalist

AWARDS

- (2005) Thurman Munson Award Winner
- (2005) Citizenship Through Sports Award recipient
- (2005) Victor Award for Outstanding Athletic Achievement
- (2004) James E. Sullivan Award winner- Amateur Athletic Union
- (2004) VH1 Big in '04 Award
- (2004) TV Guide's Greatest Moments in '04 Award
- (2004) Comedy Central's Last Laugh of '04 Award
- (2003) United States Olympic Committee (USOC) Sportsman of the Year Award nominee
- (2003) Federation of International Gymnastics (FIG) International Gymnast of the Year

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MEDIA EXPOSURE

- Numerous appearances on television and media throughout the world including: *The Late Show with David Letterman*, *The Tonight Show with Jay Leno*, *Ellen*, *The Dennis Miller Show*, *The View*, *The Today Show*, *Good Morning America*, *Regis & Kelly*, ESPN's *Cold Pizza*, 2001 VH1 Awards, NPR, BBC, MSNBC, CBS Morning, Discovery Channel, CNN's *America*, etc.
- Print media includes features in *People Magazine's Most Eligible Bachelor (2004)*, *Sports Illustrated*, *ESPN The Magazine*, *USA Today* (frequent features), *The New York Times*, *AP*, *Milwaukee Sentinel*, *Boston Globe*, *Houston Chronicle*, *Washington Post*, *Miami Herald*, etc.
- Paul Hamm was a guest co-host to light the Christmas tree at Rockefeller Center in NYC on NBC, in 2004.
- Japan Broadcasting featured both Paul and Morgan Hamm in their highest rated show, *Sasuke*, in 2004 and 2005 which involved an obstacle course similar to American Gladiators.
- Paul speaks about goal setting and overcoming obstacles to audiences nation-wide.
- Featured in a book entitled, *Paul and Morgan Hamm, Olympic Heroes* published by Penguin/Razorbill Press.



BACKGROUND

Paul Hamm is a two-time Olympian and four-time National Champion gymnast with over 15 major titles to his name.

Paul Hamm became the first American male to win the All-Around Gold medal in gymnastics in 2004. He captured headlines around the world after suffering a fall on vault to pull off one of the greatest comebacks in Olympic gymnastics history with spectacular performances on the parallel bars and the high bar. Paul also won the Silver in the Men's high bar, and, along with his twin brother Morgan, led the U.S. Men's team to the Silver medal in the team competition.

In 2003 Paul made history by becoming the first-ever U.S. man to win the World All-Around title in gymnastics. The U.S. Men's Team won Silver and Paul also shared the floor exercise Gold.

In August 2007, Paul and his brother Morgan competed for the first time since the 2004 Olympic Games to begin their journey to compete in the 2008 Olympic Games in Beijing. Though Paul was named to the 2008 US Olympic team, he was forced to withdraw prior to the Games due to injury.

Paul is the son of Sandy and Cecily Hamm, and has a twin brother, Morgan who was also on the 2000 and 2004 Olympic Teams. The brothers made history in 2000 as they became the first twins ever to compete in the same Olympic Games in gymnastics.

The twins' older sister Betsy is a former USA Gymnastics National Team member and was the NCAA's National Beam Champion in 1998 and a 7-time All-American while competing for the University of Florida. Their father was an All-American springboard diver.

Paul graduated from The Ohio State University's Fisher College of Business in June 2007, earning a degree in Accounting with a 3.9 overall GPA. He spent two years working for Breakwater Capital, LLC.

In 2010 Paul decided to come out of retirement and has announced his intent to begin training in an effort to make the 2012 Olympic team. In May 2011, Paul was named the Assistant Coach for the Ohio State University men's gymnastics team.

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